

The receipt of an organ transplant is for many a second chance at life and a significant gift. While there is much research that informs us about the physiological aspects of living well with transplantations, there is far less work aimed at understanding the psychological and social elements that impact on this. This is also true for those individuals that are awaiting the chance for this life altering gift; those undergoing dialysis treatment or with a condition that means they can't receive a transplant. These are some of the goals of our new group; the *Transplant Education & Activity Movement* (TEAM). TEAM aims to research these psychosocial variables that impact on the health and well-being of transplant recipients and other members of this community (i.e., those on dialysis, family members, transplant games coaches). TEAM intends to be a growing research network and is interdisciplinary in nature.



UNIVERSITY OF  
BIRMINGHAM



UCC  
University College Cork, Ireland  
Coláiste na hOllscoile Corcaigh



Our first step in the journey is to gather some initial data so that we might begin refining the areas of focus for our future activities. We are currently conducting a large-scale survey study and ***we are seeking any and all renal transplant recipients, those waiting for transplants, individuals with CKD or any other member of the community that suffers with any kidney related illnesses.*** The survey consists of a number of questions on areas such as motivation, general wellbeing, social engagement and so on. It should take approximately 30-40 minutes and the data will be so valuable to our work and the future activities we have planned aimed at improving knowledge and support in these areas.

Please consider helping us out by taking the survey (if eligible) and share widely within your networks. Once you click on the link you will be given some more information about the study.

Link: <https://forms.office.com/r/mvJsURGAei>



*QR Code for Survey*