

Sports Facilities & Clubs

Counties:

Carlow
Cavan
Clare
Cork
Donegal
Dublin
Sligo
Louth
Kildare
Kilkenny
Laois
Leitrim
Limerick

Chosen Sports to research:

- Golf
- Swimming
- Tennis

Carlow

Golf

- Carlow Golf Club (Phone: +353 599131695 Email: info@carlowgolfclub.ie)
- Quinagh House par 3 Golf Course (Bookings can be made by calling 059 91 42088 or 089 497 3555)

Swimming

- Graiguecullen Swimming Pool

Tennis

- Carlow Lawn Tennis Club (Phone: 059 9143775 Email: info@carlowltc.com)
- Tullow Tennis Club (Email: info@tullowtennis.com Phone: 085 878 0748)

Cavan

Golf

- County Cavan Golf Club (Phone: (049) 443 1541 Email: info@cavangolf.ie)
- Virginia Golf Club (Clubhouse Convenor: (087) 7826586 / Membership Queries: (086) 190 7130)
- Farnham Golf Club (Phone: 049 4326482 Email: golf@farnhamestate.ie)

Swimming

- Cavan Swimming Pool and Leisure Complex (Phone: 049 4362888 Email: info@cavanleisure.ie)
- Cavan Crystal Hotel (Swimming Pool & lessons) (Phone: 049 4360685)
- Bailieborough Leisure Centre (Phone: (+353) 042 966 6644 General Email Queries: info@bailieboroughleisurecentre.com Swimming Email Queries: info@bailieboroughleisurecentre.com)

Tennis

- Cavan Lawn Tennis Club (Email: cavanlawntennisclub@gmail.com)

Clare

Golf

- Clonlara Golf Club (Phone: +353 61 354 141 Email: clonlaragolfclub@eircom.net)
- Dromoland Castle Golf Club (Phone: +353 61 368144 Email: sales@dromoland.ie)
- East Clare Golf Club (Phone: 061 921 322 Email: eastclaregolfcluboffice@gmail.com)
- Ennis Golf Club (Email: info@ennisgolfclub.ie Phone: +353 65 682 4074)
- Kilkee Golf Club (Phone: (+353) 065 9056048 Email: kilkeegolfclub@gmail.com)
- Kilrush Golf Club (Email: info@kilrushgolfclub.com)
- Lahinch Golf Club (Tel: +353 65 708 1003 Main Office & Tee Bookings Email: info@lahinchgolf.com)
- Shannon Golf Club (Phone: +353 61 471849 Email: info@shannongolfclub.ie)
- Spanish Point Golf Club (Phone: +353 65 7084198 Tee Bookings: spanishpointgolf@gmail.com)
- Woodstock Golf Club (Email: woodstockproshop@gmail.com Phone: 065-6829463)

Swimming

- Ennis Swimming and Lifesaving Club (Membership secretary: (087) 258 0932 / Club secretary: (087) 263 4232)
- Treacy's West County Conference & Leisure Hotel (pool services include adult lessons)
- Shannon Swimming & Leisure Centre (Phone: (061) 361 841 Email: info@shannonleisurecentre.ie)

- Active Ennis Leisure Complex (Phone: 065 682 1604 Email for General enquiries: info@activeennis.ie)
- Killkee Waterworld (Email: waterworldkillkee@gmail.com Phone: 065 9056855)
- The Inn at Dromoland Leisure Centre (Offers adult swim lessons)
- The Lakeside Hotel & Leisure Centre (Offers adult swim lessons)

Tennis

- Killaloe Ballina Tennis Club (Phone: 087-6493785 Email: kbtsecretary@gmail.com)
- Ennis Tennis & Badminton Club (Phone: 0872885920 Email: ennistennis@gmail.com)

Cork

Golf

- Bandon Golf Club (Email: enquiries@bandongolfclub.com Phone: +353-(0)23-8841111)
- Bantry Bay Golf Club (Phone: +353 (0)27 50579 Email: info@bantrygolf.com)
- Berehaven Golf Club (Phone: +353 (0)27 70700 Email: info@berehavengolf.com)
- Blarney Golf Club (Phone: +353 21 451 6472 Mens Club: bgrcommittee@gmail.com Ladies Club: bgrladiesclub@gmail.com)
- Castlemartyr Golf Resort (Phone: +353 (0)21 421 9000 Email: reservations@castlemartyrresort.ie)
- Charleville Golf Club (Phone: +353(0)63 81257 Email: info@charlevillegolf.com)
- Clonakilty Golf Club
- Cobh Golf Club (Phone: 021 481 2399 Email: info@cobhgolfclub.ie)
- Cork Golf Club (Phone: +353 21 4353 451 Email: info@corkgolfclub.ie)
- Doneraile Golf Club (Email: admin@donerailegolfclub.com Phone: 00 353 22 24137)
- Douglas Golf Club (Phone: 353 (0)21 4895297 Email: info@douglasgolfclub.ie)
- Dunmore Golf Club (Golf Reception Phone: 051 383151 Email: info@dunmoreholiday.ie)
- East Cork Golf Club (Phone: (00353) 21 4631687)
- Fermoy Golf Club (Phone (Office): 025-31472 Email: info@fermoygolfclub.ie)

- Fota Island Golf Club (Phone: 021 488 3700 Email: PShop@fotaisland.ie or CStanley@fotaisland.ie)
- Glengarriff Golf Club (Phone: +353 (0) 27 63150 Email: info@glengarriffgolfclub.com)
- Harbour Point Golf Club (Phone: +353 21 435 3094 Email: hpoint@iol.ie)
- Kanturk Golf Club (Phone: (029) 50534)
- Kinsale Golf Club (Phone: +353 (0)21 477 4722 Email: admin@kinsalegolf.ie)
- Lee Valley Golf & Country Club (Phone: +353 (0) 21 733 1721 Email: lisa@leevalleygcc.ie)
- Macroom Golf Club (Phone: 026-41072 Email: office@macroomgolfclub.com)
- Mahon Golf Club (Phone: (021) 429-2543, Email: info@mahongolfcourse.ie)
- Mallow Golf Club (Phone: +353 (0)22 21145 Email: office@mallowgolfclub.ie)
- Mitchelstown Golf Club (Phone: +353 (0) 25 24072 Email: info@mitchelstown-golf.com)
- Monkstown Golf Club (Email: manager@monkstowngolfclub.com Phone: +353 (0)21 4841376)
- Muskerry Golf Club (Phone: 021 4385297 Email: info@muskerrygolfclub.com)
- Raffeen Creek Golf Club (Email: admin@raffeencreek.ie Phone: 353 21 4512624)
- Skibbereen Golf Club (Phone: 028-21227 Email: info@skibbgolf.com)
- Youghal Golf Club (Phone: (024) 92787 Email: info@youghalgolfclub.com)

Swimming

- Sundays Well Swimming Club (Email: to secretary@sundayswellsc.com)
- Dolphin Swim Club (Email: info@dolphinisc.ie)
- Club Vitae - Maldron Hotel Cork (Phone: 021 4529226 Email: cork@clubvitae.ie)
- LeisureWorld Bishopstown (Phone: +353 (0)21 4346505 Email: info@leisureworldcork.com)
- LeisureWorld Churchfield (Phone: +353 (0)21 4397868 Email: churchfield@leisureworldcork.com)

- LeisureWorld Douglas (Phone: +353 (0)21 4293073 | Email: douglas@leisureworldcork.com)
- Mardyke Arena UCC (Adult lessons currently not running due to operational restrictions, new courses will be announced in the coming months)
- Mayfield Leisure, Sports & Fitness Complex (Phone: (021) 450 6232)
- Planet Health Club Cork (Phone: 021 4300888 | Email: info@planethealthcork.ie)
- Oakgrove Leisure Centre (Phone: (021) 435 6722 Email: info@oakgroveleisure.ie)
- Brookfield Leisure Centre (Phone: 021 4344308 Email: info@brookfieldleisure.ie)
- District Health & Leisure Centre (Phone: (021) 47 57 717 Email: sales@district.ie)
- NRG Health & Fitness (Phone: (021) 422 2444 Email: cork@nrgfitness.ie)

Tennis

- Hazelwood Tennis Club (Email: hazelwoodtennis@gmail.com)
- Ballyhooly Tennis Club
- Garryduff Tennis Club
- Carrigaline Tennis Club (Phone +353 21 4852755)
- Bandon Lawn Tennis Club (Can be contacted through their website)
- Sundays Well B & TC (Phone: + 353 21 4272733 Email: info@sundayswell.ie)
- Whitechurch Tennis Club
- Bishopstown Lawn Tennis Club (Phone 085-867-9879 Email: admin@bltc.ie | info@bltc.ie)
- Monkstown Lawn Tennis & Croquet Club (Email: monkstowntennis@yahoo.ie)
- Douglas Lawn Tennis Club
- Crosshaven Tennis Club (crosshaventennisclub@gmail.com)
- Argideen Vale Lawn Tennis & Croquet Club (Phone: 087 6437374 / 023 8840560 Email: sec@argideen.info)
- Ardfield Rathbarry Tennis Club (Honorary Secretary, David Pegler - Email: davepegler@gmail.com Phone: 086 0563145)

- Dromahane Tennis Club
- Lower Aghada Tennis & Sailing Club (Email: loweraghadatennis@gmail.com | admin@loweraghadatennis.ie)
- Clonakilty Tennis Club
- Youghal Tennis Club (Email: secretary.yltc@gmail.com or pro.yltc@gmail.com)
- Mitchelstown Tennis Club (Phone: 083 058 3923 | Email: mitchelstowntennisclub@gmail.com)
- St Michael's Lawn Tennis Club (Phone: 0858176095 | Email: stmichaelsltc@gmail.com)
- Mallow Tennis Club (Phone: +353 (0)22 21145 | Email: mallowtennisclub@gmail.com)
- Kinsale Tennis Club (Email: kinsaletennis@gmail.com)
- Ballinlough Tennis Club (Email: ballinlough.tennis@gmail.com)
- Lakewood Tennis Club (Email: TennisLakewood@gmail.com)
- Rushbrooke Lawn Tennis & Croquet Club (Phone: +353 21 4811451 | Email: info@rushbrooketennis.com)

Donegal

Golf

- Ballybofey & Stranorlar Golf Club
- Ballyliffin Golf Club (Email: info@ballyliffingolfclub.com)
- Buncrana Golf Club (Email: info@buncranagolfclub.com)
- Bundoran Golf Club (Phone: +353 (071) 9841302 | Email: info@bundorangolfclub.com)
- Cloughaneely Golf Club (Phone: 074 9165416 | Email: info@cloughaneelygolfclub.ie)
- Cruit Island Golf Club (Phone: +353 (0)74 9543296 | Email: patloughnane147@gmail.com)
- Donegal Golf Club (Administrator - Grainne Dorrian +353 (0)74 973 4054 | Email: info@donegalgolfclub.ie)

- Dunfanaghy Golf Club (Phone: +353 (0) 7491 36335 | Email: info@dunfanaghygolfclub.com)
- Greencastle Golf Club (Phone: +353 74 9381013 | Email: info@greencastlegolfclub.com)
- Gweedore Golf Club (Phone: 074 9531140)
- Letterkenny Golf Club (Email: info@letterkennygolfclub.com)
- Narin & Portnoo Links (Email: info@nandplinks.com | Phone: +353 74 954 5107)
- North West Golf Club (General enquiries: secretary@northwestgolfclub.com | Booking enquiries: booking@northwestgolfclub.com)
- Portsalon Golf Club (Email: admin@portsalongolfclub.ie)

Swimming

- Finn Valley Leisure Centre (Email: swim@fvlc.ie)
- Health Club at Radisson Blu Letterkenny (Phone: (074) 919 4666)
- Aura Leisure Letterkenny (Phone: +353 74 910 6422 | Email: Membership: maletterkenny@auragroup.ie | Swim Lessons: letterkennylessons@auragroup.ie)
- Ballyshannon Leisure Centre (+353 (0) 71 9852818 | Email: ballyshannonlc@gmail.com)
- The Abbey Hotel (Offers swimming lessons)
- Mevagh Dive Centre (Email: info@mevaghdiving.com)

Tennis

- Letterkenny Tennis Club (Email: letterkennytennisclub2019@gmail.com)
- Butthall Tennis Club (Email: booking@butthalltennis.com)

Dublin

Golf

- Balbriggan Golf Club (Email: info@balbriggangolfclub.com | Phone: 01-8412229)
- Balcarrick Golf Club (Phone : +353 (0) 1 8436957 | Email: balcarrickgcadm@outlook.com)
- Ballinascorney Golf Club
- Beaverstown Golf Club (Phone: 01-8436439 | Email: office@beaverstown.com)

- Beech Park Golf Club (Phone: 01 4580522 | Email: info@beechpark.ie)
- Butter Mountain Golf Club (Phone: 01 458 2622 | Email: hello@buttermountaingolf.ie)
- Carrickmines Golf Club (Phone: 01 2955972 | Email: info@carrickminesgolfclub.ie)
- Castle Golf Club (Phone: 01 490 4207 | Email: info@castlegc.ie)
- Castleknock Golf Club (Phone: +353 (1) 640 8736 | Email: info@castleknockgolfclub.ie)
- Citywest Golf Club (Phone: 01 401 0878 | Email: golf@citywesthotel.com)
- Clontarf Golf Club (Phone: 01-833 1892 | Email: info@clontarfgolfclub.ie)
- Corballis Links Golf Club (Phone: (01) 843 4000 | Email: info@corballisgolflinks.ie)
- Corrstown Golf Club (Phone: +353 1 864 0533 | Email: info@corrstowngolfclub.com)
- Deer Park Golf Course (Phone: 01 832 3487 | Email: info@deerparkgolf.ie)
- Donabate Golf Club (Phone: +353 (0)1 843 6346 | Email: info@donabategolfclub.com)
- Dun Laoghaire Golf Club (Phone: +353 1 2721866 | Email : admin@dlgc.ie)
- Edmondstown Golf Club (Email: info@egc.ie | Phone: +353 (0)1 4931082)
- Elm Park Golf & Sports Club (Email: office@elpark.ie)
- Elmgreen Golf Club (Phone: +353 (01) 820 0797 | Email: info@elmgreengolfclub.ie)
- Forrest Little Golf Club (Email: margaret@forrestlittle.ie | Phone: +353 (0)1 840 1763)
- Foxrock Golf Club (Phone: (01) 289 3992 | Email: info@foxrockgolfclub.com)
- Grange Castle Golf Club (Email: info@grangecastlegc.com)
- Grange Golf Club (Phone: +353 (0) 1 493 2889 | Email: communications@grangegolfclub.ie)
- Hermitage Golf Club (Phone: +353 (0)1 6264781)
- Hollywood Lakes Golf Club (Phone: 01 843 3406 | Email: gm@hollywoodlakesgolfclub.com)

- Howth Golf Club (Office: +353 1 832 3055 | Email: gm@howthgolfclub.ie)
- Killiney Golf Club (Phone: +353 (0)1 285 1983 | Email: secretary@killineygolfclub.ie)
- Kilmashogue Golf Club (Email: admin@kilmashoguegc.com)
- Leopardstown Golf Centre (Phone: +353 01 2895341 | Email: info@leopardstowngolfcentre.com)
- Lisheen Springs Golf Club (Phone: +353 1 458 2965 | Email: info@lisheenspringsgolfclub.ie)
- Lucan Golf Club (Phone: (01) 628 0246 | Email: manager@lucangolf.ie)
- Luttrellstown Golf Club
- Malahide Golf Club (Phone: +353 (0) 1 8461611 | Email: management@malahidegolfclub.ie)
- Milltown Golf Club (Email: info@milltowngolfclub.ie)
- Newlands Golf Club (Phone: 353 1459 3157 | Email: info@newlandsgolfclub.com)
- Portmarnock Golf Club (Phone: +35318462968 | Email: info@portmarnockgolfclub.ie)
- Rathfarnham Golf Club (Email: info@rathfarnhamgolfclub.ie)
- Roganstown Golf Club (Email: golf@roganstown.com)
- Royal Dublin Golf Club (Phone: +35318336346 | Email: info@theroyaldublingolfclub.com)
- Rush Golf Club (Phone: +353 (0)1 843 8177 | Email: info@rushgolfclub.com)
- Silloge Park Golf Club (Phone: 01-8429956 | Email: info@sillogeparkgolfclub.com)
- Skerries Golf Club (Email: admin@skerriesgolfclub.ie)
- Slade Valley Golf Club (Phone: 01 4582183)
- St. Annes Golf Club (Phone: +353 (0)1 833 6471 | Email: info@stanneslinksgolf.com)
- St. Margaret's Golf & Country Club (Phone: 01 8640400 | Email: info@stmargaretsgolf.com)
- Stackstown Golf Club (Phone: + 353 1 494 1993 | Email: admin@stackstowngolfclub.ie)

- Sutton Golf Club (Phone: +353 (0)1 8323013 | Email: gm@suttongolfclub.org)
- Roganstown & Swords Golf Club (Email: golf@roganstown.com)
- The Island Golf Club (Phone: +353 1 843 6205 | Email: info@theislandgolfclub.com)
- Westmanstown Golf Club (Phone: 01 - 8205 817 | Email: info@westmanstowngolfclub.ie)

Swimming

- Trojan Swim Club (Phone: (01) 283 3037)
- UCD Swimming Club (Email: swimming@ucd.ie)
- Clontarf Swim (Email: clontarfwim@outlook.ie)
- Club Vitae - Cardiff Lane (Phone: 01 643 9502 | Email: dublin@clubvitae.com)
- Mespil Swimming Pool (Phone: 086-8567603 | Email: info@mespilpool.com)
- Templeogue College Swimming Pool (Phone: (01) 490 1711 | Email: swimming@tcsp.ie)
- Terenure College Swimming Pool (Phone: 087 991 9814 | Email: tcspool@terenurecollege.ie)
- West Wood Club - Clontarf Rd: 01 805 7812
 - Leopardstown: 01 219 1843
 - Westmanstown: 01 8025906
- Dolphin Swim School (Phone: 087 9306466 | Email: info@dolphinswimschool.ie)
- Cormorant Swim Club
- iSwim Academy (Email: info@iswim.ie)
- Fitzpatricks Hotel Swimming Pool
- The Spencer Health Club (Email: info@thespencerhealthclub.com | Phone: +353 1 433 8877)
- Castle Park Swim Academy (Email: swimcoordinator@castleparkschool.ie)
- Alsaa Swimming Pool (Email: swimmingpool@alsaa.ie)
- Turner Swim Dublin (Email: contact@turnerswimdublin.ie)
- Markievicz Leisure Centre

- Aura De Paul Swimming Pool (Phone: +353 1 8385422 | Email: depaullessons@auragroup.ie)
- Saint James's Gate Health & Fitness Club (Phone: 01 6435709 | Email: contact@sigfitness.ie)
- Bonnington Dublin Leisure Centre (Email: info@BonningtonDublin.com)
- Iveagh Fitness (iveagh.fitness@iveaghfitness.ie)
- Sport Ireland: National Aquatic Centre (Phone: +353 1 6464300 | Email: sales@sportirelandcampus.ie)
- Portmarnock Sports & Leisure (Email: reception@pslc.ie)
- Coolmine Sports
- DLR Leisure Monkstown (Phone: + 353 (0) 1 230 1458 | Email: monkstown@dlrleisure.ie)
- SportsLink Santry (Email: info@sportslink.ie | Phone: 01 862 1200)
- SPORTSCO Ringsend (Phone: +353 1 668 7022 | Email: info@sportsco.ie)
- Clondalkin Leisure Centre (Phone: 01 - 457 4858 | Email: info@clondalkinleisure.com)
- Trinity College Sports Centre (Email: sport@tcd.ie)
- Swan Leisure Rathmines (Phone: 01 4967908 | Email: info@swanleisure.ie)
- Newpark Sports Centre (Email: info@newparksportscentre.ie)
- The Dartry Health Club Rathgar (Email: membership@thedartryhealthclub.ie)
- DLR Leisure Loughlinstown (Email: loughlinstown@dlrleisure.ie)
- Tallaght Leisure Centre (Email: info@tallaghtleisure.com)
- Finglas Sports & Fitness Centre
- Gym Plus Rathfarnham (Email: rathfarnham@gymplus.ie)
- DLR Leisure Meadowbrook (Phone: 01 299 5610 | Email: meadowbrook@dlrleisure.ie)
- Arena Malahide (Phone: (0) 1 845 0222 | Email: arena@thegrand.ie)

Tennis

- St. Annes Park Tennis Club (Email: info@stannesparktennis.com)
- Donabate Portrane Tennis Club
- Clontarf LTC (Phone: 01 833 9782 | Email: info@clontarfltc.com)
- De Vesci TC (Email: devesciltc@gmail.com)
- Carraig TC (Email: carraigtcinfo@gmail.com)
- Carrickmines Croquet & LTC (Phone: +353 (0) 1 2891462 | Email: info@carrickmines.com)
- Deerpark Tennis Club (Phone: (01) 278 1466 | Email: info@deerparktennis.ie)
- Donnybrook LTC (Email: info@donnybrookltd.ie)
- Charleville LTC
- Ashbrook TC (Email: info@ashbrooktennisclub.ie)
- Elm Park Tennis (Email: office@elpark.ie)
- Shankill Tennis Club (Phone: 01 282 5400 | Email: clubhouse@shankilltennisclub.com)
- Sandycove Tennis & Squash Club (Email: sandycovetsc@eircom.net)
- Glenalbyn Tennis Club (Phone: +353-(0)1-2880857 | Email: info@glenalbyntennis.com)
- Sutton LTC (Email: info@suttonltd.com | Phone: +353 1 8323 035)
- Lansdowne TC (Phone: 016680219 | Mobile: 085 2296205 | Email: info@lansdowneltd.com)
- Castleknock LTC (Phone: (01) 821 0423 | Email: office@cltd.ie)
- Bective Tennis Donnybrook (Email: info@bective-tennis.com)
- Trackside LTC Baldoyle (Phone: 0838367075 | Email: tracksideltd@hotmail.com)
- Rathgar LTC (Phone: 087 2330749 | Email: rathgartennis@outlook.ie)
- Fitzwilliam LTC (Phone: +353 (01) 2815600 | Fax: +353 (01) 6671770 | Email: admin@fltd.ie)

- Claremont Railway LTC Sandymount (Head Coach: info@wwtenniscoach.com | General Committee: claremontrailwayltc@gmail.com | Club Treasurer: crltc.treasurer@gmail.com)
- Monkstown LTC (Phone: +353 1 284 2582 | Email: admin@monkstownltc.com)
- Stratford LTC (Email: info@stratfordtennis.ie)
- WestWood Leopardstown Tennis
- Glasnevin LTC (Email: glasnevintennisclub@gmail.com)
- St. Mary's TC Donnybrook (Phone: 087 219 0331 | Email: info@stmarystennisclub.com)
- Leopardstown TC (Email: joinltc@gmail.com)
- Glenageary LTC (Phone: 083-1620933 | Email: secretary@glenagearylts.ie)
- Newtownpark TC (Email: newtownparktc@gmail.com)
- Swords LTC (Phone: +353833539992 | Email: swordstennisclub@gmail.com)
- Malahide LTC (Phone: 01 845 2480 | Email: admin@mltcc.com)
- Brookfield TC Palmerstown (Phone: 085-8330382 | Email: admin@brookfieldtennis.com)
- Blackrock Bowling & TC (Email: contact@blackrockbtc.ie)
- Templeogue TC (Phone: 01 490 2760 | Email: info@templeoquetennis.com)
- Meadowvale LTC
- Mount Pleasant LTC Ranelagh (Phone : (01) 4973733 | Email: info@mountpleasantltc.ie)
- Kilternan Parish LTC

Sligo

Golf

- Castle Dargan Golf Club (Phone: 071 9118541 | Email: golf@castledargan.com)
- Co. Sligo Golf Club (Phone: +353 71 9177134 | Email: info@countysligogolfclub.ie)

- Enniscrone Golf Club (Phone: +353 96 36297 | Email: info@enniscronegolf.com)
- Strandhill Golf Club (Phone: +353 71 916 8188 | Email: bookings@strandhillgolfclub.com)
- Tubbercurry Golf Club (Email: info.tubbergolf@gmail.com)

Swimming

- Splash Swim School (Email: splashswimschoolsligo@gmail.com)
- Sligo Regional Sports Centre
- Avena Leisure (Website: <https://avenaleisure.com/>)
- Waterpoint Leisure (Phone: +353 96 36999 | Email: waterpointenniscrone@gmail.com)

Tennis

- Sligo Tennis/Badminton Club (Phone: +353 (0)71 9162580 | Email: countysligotennisclub@gmail.com)

Louth

Golf

- Ardee Golf Club (Email: office@ardeegolfclub.com)
- Co Louth Golf Club
- Dundalk Golf Club (Phone: +353 42 932 1731 | Email: manager@dundalkgolfclub.ie)
- Greenore Golf Club (Email: Linda@greenoregolfclub.com)
- Seapoint Golf Links (Email: golflinks@seapoint.ie)

Swimming

- Aura Dundalk Leisure Centre (Email: dundalkswim@auragroup.ie)
- Aura Drogheda (Email: droghedalessons@auragroup.ie)
- Integral Fitness & Leisure Centre (Email: info@ifal.ie)
- Felda Health, Fitness & Spa (Email: info@felda.ie)
- Gym Plus Drogheda (Email: Drogheda@gymplus.ie | Phone: +353 (041) 980 7122)

Tennis

- Termonfeckin TC

- Dundalk Tennis, Badminton & Squash Club

Kildare

Golf

- Athy Golf Club (Tel: 0353 598631729 | E-mail: info@athygolfclub.com)
- Carton House Golf Club (Tel: + 353 1 505 2000 | Email: golfreservations@cartonhouse.com)
- Castlewarden Golf Club (Contact 01 458 9254 or info@castlewardengolfclub.ie)
- Celbridge Elm Hall Golf Club (info@celbridgeelmhallgolfclub.ie)
- Cill Dara Golf Club (Golf Office: 045-521295 | Clubhouse: 045-521433 | Email: cildaragolfclub@gmail.com)
- Clane Golf Club
- Craddockstown Golf Club (Tel: 045 897 610 | Email: enquiries@craddockstown.com)
- Highfield Golf Club (Email: info@highfieldgolf.ie | Phone: 046-973-1021)
- Kilkea Castle Golf (Phone: +353 59 914 5600 | Email: info@kilkeacastle.ie)
- Killeen Golf Club
- Millicent Golf Club (Phone: +353 45 893 279 | Email: info@millicentgolfclub.com)
- Moyvalley Golf Club (Contact golf@moyvalley.com or call on 046 9548080)
- Naas Golf Club (Phone: 045897509 | Email: info@naasgolfclub.com)
- Newbridge Golf Club
- Palmerstown House Estate Golf Club (Tel: +353 (0) 45 906 901 | Email: events@palmerstownhouse.ie)
- Royal Curragh Golf Club (Email: info@royalcurraghgolf.ie)

Swimming

- Swimtastic swim club (Email: splash@swimtastic.ie)
- Killashee Leisure Centre (Email: info@swimsmooth.ie)
- K Leisure (Athy & Naas) (Naas – 045-881655 | Athy – 059-8641522)

Tennis

- Kilcullen Tennis Club
- Naas LTC (Email: contact@naasltc.net)
- Clane TC (Email: clanelawntennisclub@gmail.com)
- North Kildare Tennis Club
- Leixlip Tennis Club (Email: info@leixliptennisclub.com)
- Celbridge Tennis Club

Kilkenny

Golf

- Callan Golf Club
- Castlecomer Golf Club (Email: info@castlecomergolf.com)
- Gowran Park Golf Course (Email: golf@gowranpark.ie)
- Kilkenny Golf Club (Phone: +353 56 776 5400 | Email: enquiries@kilkennygolfclub.com)
- Mount Juliet Golf Club (Phone: +353 56 777 3000 | Email: reservations@mountjuliet.ie)

Swimming

- The Watershed (Phone: 056 7734620 | Email: info@thewatershed.ie)
- Kilkenny Active Club

Tennis

- Kilkenny LTC

Laois

Golf

- Abbeyleix Golf Club (Email: abbeyleixgolf@gmail.com)
- Mountrath Golf Club (Phone: 057-8732558 | Email: mountrathgc@gmail.com)
- Portarlinton Golf Club (Phone: (057) 862 3115)
- Portlaoise Golf Club (Email: portlaoisegolfclub@gmail.com | Phone: (057) 866 1557)
- Rathdowney Golf Club (Tel: 00 353 505 46170 | Fax: 00 353 505 46065 | Email: rathdowneygolf@gmail.com)

- The Heath Golf Club (Email: info@theheathgc.ie)
- The Heritage Golf Resort (Contact us: 00353 57 86 42321)

Swimming

- The Swim Studio (Phone: 085 712 6419 | Email: info@theswimstudio.ie)
- Club Vitae Portlaoise (Phone: 057 869 5960 | Email: portlaoise@clubvitae.com)
- Portlaoise Leisure Centre
- Swim Analysis
- Portarlington Leisure Centre (Phone: 0578645800 | Email: portarlington@laoisleisure.ie)

Leitrim

Golf

- Ballinamore Golf Club (Email: ballinamoregolfclub@outlook.ie | Phone: 087 2505031)

Swimming

- Aura Leitrim Leisure Centre (Phone: +353 71 967 1771 | Membership: maleitrim@auragroup.ie | Swim Lessons: leitrimlessons@auragroup.ie)

Tennis

- Manorhamilton Tennis Club

Limerick

Golf

- Adare Manor Golf Club (Phone: +353 (0) 61 396 204 | Email: info@adaremanorgolfclub.com)
- Ballyneety Golf Club (Telephone: +353 (0) 61 351 881 (Clubhouse) | Telephone: +353 (0) 61 352 787 (Range)
- Castletroy Golf Club (Tel: +353 61 335753)
- Limerick Golf Club (Telephone: 061415146)
- Newcastle West Golf Club (Email: info@newcastlewestgolf.com | Phone: +353 (69) 76500)
- Rathbane Golf Club (Email - Men's: rathbanegc@gmail.com | Ladies: rathbanelgc@gmail.com)

Swimming

- Club Vitae Limerick (Phone: 061 436 153 | Email: info.limerick@clubvitae.ie)
- Swim Max (Phone: 061 545454 | Email: swim@swimmax.ie)
- Aura Leisure Centre Grove Island, Limerick (Phone: +353 61 350 221 | EMAIL: Membership: magroveisland@auragroup.ie | Swim Lessons: LimerickLessons@auragroup.ie)

Tennis

- Limerick LTC (email: info@lltc.ie | mob: 087 2297873 | tel: 061 452316 / 061 454380)
- Catholic Institution Athletic Club - Tennis, Squash, Hockey (Email: info@ciac.ie)
- Monaleen GAA & Tennis Club